

SACRAMENTO DISABILITY and Special Education resources. Resource list for disability rights, benefits insurance, learning disorders, deaf, blind, older adults, mental retardation, SIDS, children with special needs, speech and language, Autism, Aspergers Syndrome, ADHD, developmental delay, and more.

Go to www.OneFathersLove.com to view the online resource center.



Helping Individuals and Families
Achieve Self Sufficiency

Children in Hospital Portraits FREE (Sacramento)

Michelle & Bear Waite 916-335-1933

We are offering free portraits for children in local hospitals (Sacramento Area) This is free of charge.

We will put photos onto a CD so you can have as many copies as you will ever need. We can squeeze in other family members too. We have smaller backdrops that we can use just about anywhere. **Please only children in the hospital.**

Warmline Family Resource Center

2035 Hurley Way, Suite 250, Sacramento, CA 95825, 1(800) 660-7995 (916) 922-9276

Roseville Office 151 N. Sunrise Ave., Suite 1307, (916) 782-7147

Providing resources and support to families of children with disabilities and special needs, IEP, and additional resources.

Protection and Advocacy

100 Howe Avenue, Suite 185-N, Sacramento, CA. 95825, Ph. (916) 488-9955 or

Legal Office (916) 488-9950

TTY: 1-800-719-5798, Toll Free: 1-800-776-5746

This disability resource serves the Sacramento community individuals and families with disabilities to address their disability related concerns including SSI, In-Home services, Medi-Cal, Discrimination in housing, employment and other public and private programs.

Alta California Regional Center

2135 Butano Drive, Sacramento CA. 95825

(916) 978-6400

Assist Sacramento community individuals and families with developmental disabilities, including infants at risk and their families.

California Department of Rehabilitation

2000 Evergreen Street, Sacramento, CA 95815

Ph. (916) 274-5801

"provide services and advocacy resulting in employment, independent living and equality for individuals with disabilities."

Employment Plus

3463 Ramona Avenue, Sacramento, CA 95826

Ph. (916) 361-9373

Provides support, training in employment and other services to developmentally disabled adults. A referral from Alta Regional is required.

INALLIANCE

6950 21st Avenue, Sacramento, CA 95820

Ph. (916) 381-1300

Offers vocational evaluation, training and placement services to disabled adults. A referral from Alta Regional is required.

California Department of Developmental Services

1600 9th Street, RM 240, Sacramento, CA 95814

Ph. (916) 654-1690

Provides services to 21 regional centers in California. This is a state level agency that provides services through the regional centers. Call for specific information of where to find services for children and adults with disabilities

Developmental Disabilities Area Board III

1507 - 21st Street, Suite 220, Sacramento, CA. 95811

(916) 324-7426

Provides Government level information pertaining to Disability Community Resources and programs.

Disability & Employment Rights Advocacy

Ph. (916) 491-0516 or 800-444-6188

Services provided: Information regarding

rights and benefits available from the Dept. of Rehabilitation and American's with Disabilities Act issues under Title I.

Office of Administrative Hearings

Special Education Unit

2349 Gateway Oaks Drive, Suite 200, Sacramento, CA. 95833-4231

Ph. (916) 263-0880 or (916) 323-6876, (916) 274-6035 after hours settlement line.

"Beginning June 1, 2005, the Office of Administrative Hearings began processing Special Education cases. Requests for hearings, requests for mediations, and public inquiries for these matters may be directed to the Sacramento office of the Office of Administrative Hearings ..."

Californians for Disability Rights

909 12th Street, Suite 200, Sacramento, CA 95814

Ph. (916) 447-2237 Toll Free 1 (800) 838-9237

This organization is by and for equality and independence of all people with disabilities.

Supported Life Institute

2030 Hurley Way, Suite 250, Sacramento, CA 95825

Ph. (916) 567-1974

Provides advocacy, support and many additional services to people with disabilities.

Developmental Disabilities Service Organization

3463 Ramona Ave., Suite 18 Sacramento, CA 95826

Ph. (916) 456-5166

Provides support to **adults** for community access, self-advocacy, employment and other areas of personal and independent growth.

Our Sutterville Campus (1250 Sutterville Rd, Sacramento, 95822) is home to

ADC - Achievement Development & Care

Ph: 916 737-2399

Supports adults with severe and profound developmental disabilities. A referral from Alta Regional is required

SCS - Short Center South

Ph: 916 737-2397

Provides a creative arts environment to provide support and training to adults with developmental disabilities. A referral from Alta Regional Center is required.

Our St. Marks Campus (2331 St. Marks Way, Sacramento, 95864) is home to

CIP - Community Integration Program

Ph: 916 973-1953

Supports adults with severe and profound developmental disabilities to participate in community activities. A referral from Alta Regional is required

E+ - Employment Plus

Ph: 916 973-1966

Provides volunteer and employment training and support to adults with developmental disabilities. A referral from Alta Regional is required. E+ is an Employment Network and also accepts Ticket to Work clients.

SCN - Short Center North

Ph: 916 973-1951

Primarily uses the arts to provide support and training to adults with developmental disabilities. A referral from Alta Regional Center is required.

T2 - Transitions for Tomorrow

Ph: 973-1821

Supports adults with severe and profound developmental disabilities. A referral from Alta Regional is required

Southside Art Center

8583 Elder Creek Road, Suite 200, Sacramento, CA 95828

Ph. (916) 387-8080

Provides art classes, music therapy, employment assistance and much more to developmentally disabled **adults**.

Reese Alan Wilson Center

3340 Marysville Blvd., Del Paso Heights, CA 95838

Ph. (916) 437-3555

Provides help and services to developmentally disabled **adults** to gain and maintain self-reliance and independent living skills. A referral from Alta Regional is required.

Catalina House

Ph. (916) 456-5166

Provides a 24 hour residential service for **adults** with developmental disabilities who wish to improve their living skills.

A referral from Alta Regional is required.

Village Gardens

Ph. (916) 388-0724

Provides a housing arraignment for **adults** with developmental or psychiatric disability. Sliding scale fee for services.

A referral from Alta Regional is required.

Community Integration Program

2331 Saint Marks Way, Sacramento, CA 95864

Ph. (916) 973-1953

Provides help for adults with disabilities for training in mobility, use of money, banking, shopping, and other life skills. A referral from Alta Regional is required.

Department of Developmental Services

1600 9th Street, Sacramento, CA 94244-2020

Ph. (916) 654-1690

Provides State of California support and resources for adults and children with developmental disabilities

Access Leisure

6005 Folsom Blvd., Sacramento, CA 95819

Ph. (916) 808-6085

Offers recreation, sports, crafts programs and other special community events for TEENS and Youth with disabilities.

Training Toward Self - Reliance

620 Bercut Drive, Sacramento, CA. 95814

Ph. (916) 442-8877

"Serving the needs of persons with developmental disabilities and their families since 1984." Generally, you need a referral from Alta Regional Center.

Easter Seal

3205 Hurley Way, Sacramento, CA 95864

Ph.(916) 485-6711

or

2629 Alta Arden Expressway, Sacramento, CA 95825

Ph. (916) 979-6738

"Providing Services for People with Disabilities and Their Families"

[*Work Services: Providing Paid](#) [*Pediatric Services: Promoting Independence and Quality of Life](#)

[*Aquatic Rehabilitation: A Warm Water Therapeutic Environment](#)

[*Adult Day Programs: Anticipating the Needs of Adults with Disabilities and Older Adults](#)

A. Warren McClaskey Adult Center

5241 J Street, Sacramento, CA 95819

Ph. (916) 277-6625

Provides services & assistance to developmentally disabled **adults** ages 55+. Includes approximately 9 different adult day center locations available for community access, skills training, job preparation & more. The title links to the website for more details.

Transitions for Tomorrow

2331 Saint Marks way, Sacramento, CA 95864

Ph. (916) 973-1965

Offers personal growth and individualized training programs for adults with profound developmental disabilities.

A referral from Alta Regional Center is required.

Developmental Living Center

6518 Lang Avenue, Sacramento, CA 95823

Ph. (916) 424-9191 or 424-1111

Provides behavioral treatment and residential training for developmentally disabled or autistic **adults**.

A referral from Alta Regional is required.

Independent Living Skills - Citrus Heights

6060 Sunrise Vista Drive, Suite 1240, Citrus Heights, CA 95610

Ph. (916) 723-6871 x3008

or

ILS - Greenback

7512 Chula Vista Drive, Citrus Heights, CA 95610

Ph. (916) 729-6083

Provides skills training for adults with disabilities including cooking, cleaning, budgeting and more.

A referral from Alta Regional is required.

Turning Point Community Programs

3440 Viking Drive, Suite 114, Sacramento, CA 95827

Ph. (916) 364-8395

Provides many types of services to adults and children with psychiatric and/or developmental disabilities.

Turning Point-Crises Residential Program

4801 34th Street, Sacramento, CA 95820

Ph. (916) 737-9201

Respite services for mentally disabled adults who have become suicidal, depressed or otherwise emotionally incapacitated.

Turning Point-Employment Services Program

601 North Market Blvd., Suite 300, Sacramento, CA 95834

Ph. (916) 646-3684

Provides employment support and advocates for community work opportunities.

Turning Point-Focus Program

7245 East Southgate Drive, Sacramento, CA 95823

Ph. (916) 427-7122 x102

Offers intensive in-home support for high-risk, high-need children and their families.

Turning Point-Homeless Intervention Program

601 West North Market Blvd. Suite 350, Sacramento, CA 95834

Ph. (916) 922-2771

Provides services for psychiatric care, employment, addiction, mental health counseling and more, 24/7.

Turning Point-Integrated Services Agency

4600 47th Avenue, Suite 111, Sacramento, CA 95824

Ph. (916) 393-1222

Provides intensive 24-hour outpatient services to residents of long term care psychiatric hospitals upon release.

Turning Point-Regional Support Team

601 West North Market Blvd. Suite 100, Sacramento, CA 95834

Ph. (916)567-4222

Offers medication management, substance abuse, family intervention and much more to disabled adults.

Turning Point-Planned Lifetime Assistance Network

3440 Viking Drive, Suite 114, Sacramento, CA 95827

Ph. (916) 364-8395

Provides caretakers for families with a disabled member.

Turning Point-Transitional Support Services

4500 47th Avenue, Suite 5, Sacramento, CA 95824

Ph. (916) 395-9100-24 Hours.

Provides support, education and empowerment to disabled consumers to live independently within the community.

Sacramento Community Resources for Autism**Families for Early Autism Treatment (FEAT)**

P. O. Box 255722, Sacramento, CA. 95865-5722

Ph. (916) 843-1536

"FEAT is a non-profit organization of parents, family members, and treatment professionals dedicated to providing best outcome Education, Advocacy and Support for the Northern California Autism Community."

Odyssey Learning Center

7150 Santa Juanita Ave., Orangevale, CA 95662

Ph. (916) 988-0258

Provides resources, referrals and programs for children with Autism Spectrum Disorder or Autism like symptoms for both residential ages 6-22 and educational ages 3-22. A referral through Alta Regional or local school district is required.

Autism Society of Northern California

976 Mangrove Ave., Chico, CA. 95927

Ph. (530) 987-0900

"Many of our chapters sponsor monthly support group meetings and other educational events.

[Visit the calendar to find an event or meeting near you.](#)

Sacramento Community Resources for Children with Disabilities**Disabilities Services**

925 Del Paso Blvd. #200, Sacramento, CA. 95815

Ph. (916) 263-3804 - Ask for Beverly Sanford, Disabilities Coordinator.

Provides Pre-School enrollment and additional services for Children 0-5 age group with Special Needs and Disabilities serving Sacramento counties.

Sacramento County Office of Education**Special Education & Infant Development Department**

Ph. (916) 277-5900 x 1131 or (916) 277-5900 x 2

Services for families of children with disabilities 0 - 36 month age group. The eligibility of the child requires a demonstrated developmental delay in Motor, Language, Social/emotional, Cognitive development.

My Friends

Call: Ph. (916) 987-8632

8632 Greenback Lane, Suite A, Orangevale, CA. 95662

Serves Children with Disabilities and their Families offering Home care, Respite Care, After-School care and limited transportation services. Eligibility based on Federal and State funding can be provided, or you may choose a private payment option.

California Children's Services

9616 Micron Ave. #640, Sacramento, CA. (916) 875-9900

"California Children's Services (CCS) is a statewide program that arranges, directs, and pays for medical care, equipment, and rehabilitation, when these services are authorized by the program."

UCP - Toy Lending Library

201 Laythrop way, Suite 1, Sacramento, CA 95815

Ph. (916) 567-4191

Provides free use of toys, equipment and other resource materials to parents and caregivers of children with developmental or physical disabilities.

National Dissemination Center for Children with Disabilities

1825 Connecticut Ave. NW, Suite 700, Washington, DC 20009

Ph. 1 (800)-695-0285

Provides information on a national level on disabilities in children and youth, programs and services for infants, special education law and "research-based information on effective practices for children with disabilities."

Bright Futures

2750 Gateway Oaks Drive, Suite 330, Sacramento, CA. 95833

Ph. (916) 876-5877

Free Health and Developmental Screenings for children 0 - 5 age. Go to their website for a schedule of the next screening.

Designated Instruction and Services

3738 Walnut Avenue, Carmichael, CA 95608

Ph. (916) 971-7572

Serves the San Juan school district students for children unable to participate in a regular physical education program do to a temporary or on-going physical disability.

Special Day Classes for -Learning Handicapped and/or Severely Disabled

3738 Walnut Avenue, Carmichael, CA 95608

Ph. (916) 971-7953 Admin. 971-7525 Special Ed.

Services provided are educational and referrals for children with disabilities within the San Juan school district.

Preschool and Student Care Centers

FCUSD Pre-school program

10844 Gadsten Way, Rancho Cordova, CA 95670

Ph. (916) 635-2379

A sliding scale fee preschool program for children ages 3-5 assisting children in cognition, creativity, socialization, emotions, and physical exercise.

Physically Handicapped Program

AKA: [Ralph Richardson Center](#)

4848 Cottage Way, Carmichael, CA 95608

Ph. (916) 971-7411

Provides help and services in the areas of orthopedic impairment, emotional disturbance, severe developmental delay and medical fragility to students in special education 3 - 22 age group.

Sacramento Community Resources for Speech and Language

Sacramento State

Language, Speech and Hearing Center

Shasta Hall, Room 172

6000 J Street, Sacramento, CA 95819

Ph. (916) 278-6601

Provides a language and speech assessment. There is a 75.00 fee for the assessment, but this is guaranteed the lowest fee you will find for a professional speech assessment.

Scottish Rite Childhood Language Disorders Clinic

Ph. (916) 731-4357

*Eligibility Requirements:

- Child must have at least one parent, or guardian, concerned adult who is prepared to follow through with a consistent program.
- Children between three and twelve years of age are eligible for services.
- Eligibility is determined by our assessments or those provided by other agencies.
- Consistent attendance is mandatory.
- Masonic affiliation is not required.

Sacramento Community Resources for the Deaf and Hard of Hearing

NorCal Center on Deafness, Inc.

NorCal Center on Deafness

4708 Roseville Road, Suite 112, North Highlands, CA. 95660-5172

Ph. (916) 349-7500 [V/TTY]

(916) 349-7500 [VP]

(916) 3497611 [TTY Answering Machine]

1(866) 658-8417 [Emergency]

(916) 349-7529 [Family Line]

Everything to do with Deafness and Deaf service within Sacramento County for both individuals and families.

Deaf Access Program

4708 Roseville Road, Suite 112, North Highlands, CA. 95660

Ph. (VOICE/TTY) (916) 349-7500

"The Deaf Access Program (DAP) was created in 1980 to ensure that California's public programs are adapted to meet the communication needs of deaf and hard of hearing children, adults, and families, so they may receive the public benefits and services to which they are entitled and achieve economic independence to fully participate in mainstream society."

CCHAT Center Sacramento

Children's Choice for Hearing And Talking

11100 Coloma Road, Ranch Cordova, CA. 95670

Ph. (916) 361-7290

"The CCHAT Center-Sacramento is a school devoted to teaching deaf and hard of hearing children to listen and talk.

Currently, over 50 children are benefiting from CCHAT's program that focuses on teaching children to listen and develop spoken language. CCHAT is state certified as a nonpublic school and is one of three auditory/oral programs serving deaf children in Northern California." [Also offers free materials for Parents, Students and educators.](#)

Agency for Hearing

1800 28th Street

Sacramento, CA. 95816

Ph. (916) 732-9040

"Agency For Hearing is proud

to offer: a state-of-the-art hearing clinic, school testing, industrial site screening, information and referral services."

Deaf and Disabled Telecommunications Program

505 14th Street, Suite 400

Oakland, CA 94612

Ph. (510) 302-1100-Voice (510) 302-1101-TTY 1-(877) 546-7414-Consumers

1(800) 995-6831-Outreach

A public program to distribute telecommunications equipment

and services for people certified as having limitations of hearing, speech and other communication limitations.

California Relay Service

7-1-1 Relay operator voice

1(800) 735-2922-Voice

1(800)735-2929-TTY

Provides 24/7 service to any caller needing to communicate to people with a communication impairment.

California telephone Access Program

Sacramento Service Center

2033 Howe Avenue, Suite 150, Sacramento, CA 95825

1(800) 806-1191-Call Center

1(800) 806-4474-TTY

1(800) 949-5650-Voice/Spanish

Offers specialized telephone equipment and network services at no charge to consumers who have a communication limitation.

Sacramento resources for Mental Retardation

Sacramento Association for the Retarded

1791 Tribute Road, Suite A, Sacramento, CA. 95815

Ph. (916) 454-0900

"SAR works with individuals and families as they seek services from schools, case management agencies, sheltered workshops, supported employment services, recreation programs and residential services. SAR also supports, monitors and reviews all organizations serving persons with mental retardation to ensure the rights, interests and needs of the people we serve are met and protected."

Sacramento resources for the Blind

Office of Services to the Blind

744 P Street, MS 11-94, Sacramento, CA. 95814

Ph. (916) 667-2628 TTY (916) 651-6248

"The Assistance Dog Special Allowance (ADSA) Program provides a monthly payment of \$50 to eligible persons who use a guide, signal, or service dog to help them with needs related to their physical disabilities. The allowance is to help pay the costs of food, grooming, and health care for the dogs."

Sacramento Society for the Blind

2750 24th Street

Sacramento, CA. 95818-3299

Ph. (916) 452-8271

Society for the Blind serves thousands of blind and visually impaired people throughout the Sacramento area and surrounding counties. "We are the only center in this region that trains blind and low vision people on Braille, life skills, computers and job skills." Services include: [Instructional Programs](#), [Low Vision Clinic](#), [Senior Programs](#), [Youth Programs](#), [Access News by Phone](#), [Career Development Program](#).

American Council for the Blind

Ph. 1(800) 424-8666

American Council for the Blind

Ph. 1(800) 232-5463

Braille & Talking Books Library

P.O. Box 942837 Sacramento, CA 94237-0001

Hours: 9:30 - 4:00, Monday-Friday.

Ph: (916) 654-0640, 800-952-5666 (toll free in CA) Fax: 916-654-1119 - You may contact the Braille and Talking Book Library to obtain a print application form, or download the [online application form](#) (PDF).

The California State Library loans braille, cassette and talking books, magazines and playback equipment to northern Californians unable to read conventional print.

Canine Companions

Ph. (916) 722-4243 Toll Free 1 (800) 572-2275

Generously provides service, skilled companion, and hearing dogs to people with disabilities.

Sacramento Asian disability resources

Asian Community Center

7375 Park City Drive, Sacramento, CA. 95831

Ph. (916) 393-9026 x 223

"Participants are older adults with physical and cognitive disabilities or impairments and the family member(s) providing their daily care." "A Drop-In Respite Program... Which operates a caregiver-volunteer respite time with the Co-op. The Asian Community Center of Sacramento Valley, Inc. (ACC) developed the ideas and energy of this group..."

Caregiver Cooperatives – Voluntary.

Sacramento Chinese Community Service Center

915 T Street, Sacramento, CA 95814

Ph. (916) 442-2523

Click the title for a list of available programs.

Sacramento resources for Sudden Infant Death Syndrome

CA. Sudden Infant Death Syndrome SIDS

11344 Coloma Road, Suite 560, Gold River, CA. 95670-6304

Ph. 1(800)-369-7437 or (916) 851-7437

This organization serves individuals and families affected by a SIDS death.

Sacramento resources for In-Home and Respite support services

United Cerebral Palsy Association

191 Lathrop Way, Suite N, Sacramento, CA. 95815

Ph. (916) 565-7700 Respite Request Line - (916) 779-6270

Monday - Thursday 9:00a.m. - 6:00p.m. Friday 9:00a.m. - 5:00p.m.

First Covenant Church of Sacramento

Sacramento, California :: 916.861.2240

Click [here](#) for a list of [frequently asked questions](#) about On Eagles Wings.

We provide **FREE** respite care for families with special needs children and their siblings on the third Friday of each month from 6-9 p.m. We match each child with a "buddy" who shadows and assists them in the appropriate classroom setting during our Sunday morning programs.

Additional resources for people with disabilities

Association of University Centers on Disabilities

1010 Wayne Avenue, Suite 920, Silver Spring, MD 20910

Tel: 301-588-8252 | Fax: 301-588-2842

The Association of University Centers on Disabilities, located in Silver Spring, MD, is a national, nonprofit organization that promotes and supports the national network of interdisciplinary centers advancing policy and practice through research, education, leadership, and services for and with individuals with developmental and other disabilities.

National Multiple Sclerosis Society

4225 Northgate Blvd., Sacramento, CA. 95834

Ph. (916) 927-8000

Chapter Headquarters

150 Grand Avenue, Oakland, CA 94616

toll-free: 1-800-344-4867

Muscular Dystrophy Association

650 University Ave. Suite 108, Sacramento, CA. 95825

Ph. (916) 921-9518

- [MDA Clinics](#)
- [ALS Research and Clinical Centers](#)
- [Support Groups](#)
- [Equipment Funding, Loan Program & Repairs/Modifications](#)
- [Summer Camp Program](#)
- [MDA Chat Groups](#)
- [MDA Services for the Individual, Family and Community booklet](#)

West Ed

1107 9th Street - 4th Floor, Sacramento, CA 95814

Ph. (916) 492-4000

"A nonprofit research, development, and service agency, WestEd enhances and increases education and human development within schools, families, and communities."

U.C.D. Hemophilia Program

2360 Stockton Blvd., Suite 1100, Sacramento, CA. 95817

Ph. (916) 734-3461

Alzheimer's Association Sacramento

Ph. 1(800) 272-3900

National Center for Learning Disabilities

381 Park Avenue South, Suite 1401, New York, NY 10016

Ph. (212) 545-7510

Toll-Free: 1(888) 575-7373

Provides information and resources for Pre-K, Grades K-8 and above with a Parent resource and Advocacy

CalSTAT

5789 State Farm Drive, Robert Park, CA.94928

Project Specialist - (707) 849-2270 or (707) 849-2278

"CalSTAT (California Services for Technical Assistance and Training) is a special project of the California Department of Education, Special Education Division, located at Napa County Office of Education. ...supports and develops partnerships with schools and families by providing training, technical assistance and resources to both special education and general education.

Roseville Special Education Parent Advisory Committee

For information contact: 2501 Alexandra Drive, Roseville, CA 95661

Ph. (916) 786-6131

"The mission of the Roseville Special Education Parent Advisory Committee (SEPAC) is to assist the Roseville City School District in providing high-quality, appropriate supports and services for all children with special needs."

ADA Information Line

Ph. 1(800)-514-0301; or (TTY) 1(800)-514-0383

Services: general ADA information, answers to specific technical questions, free ADA materials, information about a complaint.