

FREE CLINICS and Emergency Medical in Sacramento. Sacramento County free clinics, children without insurance, health care for women, homeless, free TB testing, clinics for families with no insurance, Primary care clinics, Medi-cal, Medically indigent services.

Go to: www.onefatherslove.com to view the online resource center.



Helping Individuals and Families
Achieve Self Sufficiency

Mercy Clinic North Highlands

6060 Watt Avenue - (located in a bungalow behind SC Joice Elementary School)

North Highlands, CA. 95660 Ph. (916) 349-1568 - Hours: Monday and Wednesday 8am - 5pm, Friday 8am - 12pm

No Fee - No Co-pay

*You must not have any medical health insurance. Provides medical services on an appointment basis - May help any age group - Includes vaccines & Immunizations. Call first to make sure the clinic can help you because they are new and not completed setting up their equipment.

Natomas Crossroads FREE Clinic

1101-A National Drive, Sacramento, CA 95834

Ph. (916) 514-6163

Clinic is open on the 1st Saturday of each month from 1:00-6:00pm. **No Fee-No co-pay**

White Rock Family Clinic

10487 White Rock Road, Rancho Cordova, CA 95670

Ph. (916) 364-0724 Hours vary.

Free medical clinic for people who do not have medical insurance. Includes medical treatment of acute illnesses and minor injuries. Provides care of chronic illnesses such as diabetes, high blood pressure and asthma.

Del Paso Health Clinic

3950 Research Drive, Sacramento, CA. 95838

Ph. (916) 648-0970

Provides primary care services to individuals and families who do not have medical insurance.

South City Health Clinic

7171 Bowling Drive Ste. 300, Sacramento, CA 95823

Ph. (916) 875-0802

Offers primary care health services to adults and children that do not have medical insurance. Medical services include immunizations, STD's HIV diagnoses and family planning.

Oak Park Multi-Service

3415 Martin Luther King Blvd., Sacramento, CA.

Ph. (916) 875-2995 M - F 8- 5p.m.

Public health services, well child exams and pediatric immunizations. Offers family planning, pregnancy testing and STD diagnoses and treatment along with immunizations. Medical insurance accepted or fees vary according to eligibility for children with no health insurance within zip codes 95816, 95817, 95818, 95820, or Sacramento county.

County of Sacramento Primary Care Clinic

4600 Broadway, Sacramento, CA. 95820

Ph. (916) 874-9670 M-F 8-5p.m.

The Primary care clinic provides walk in non-emergency medical services to people with **Medi-cal or no insurance**.

Health Care for the Homeless

4600 Broadway, Suite 2133, Sacramento, CA 95820,

Ph. (916) 874-1455

Provides primary and public health care medical service to homeless individuals and families who have no insurance.

County of Sacramento Medically Indigent Services Program-CMISP

9616 Micron Ave., Suite 850B, Sacramento, CA. 95827

Ph. (916) 874-9238 or 874-8912-Clinic information.

Call for medical answering service assistance. M - F 8 - 5p.m. Helpful for

locating a CMISP clinic nearest you. Provides resources and referrals to Sacramento county residents with **no insurance**.

Mercy Clinic

***This location includes TB testing for shelter placement.**

Nurse's office in Friendship Park, 1321 North C Street at 12th Street, Sacramento, CA.

Ph. (916) 446-3345 M- F 7:30 - 4p.m.

Offers medical services for the homeless and others who may **not have medical insurance**.

Chest Clinic

4600 Broadway, Sacramento, CA 95820

Ph. (916) 874-9823

Provides **free** and low cost chest x-rays and **TB** testing to Medi-cal insured or to people with **no medical insurance**.

Refugee Health Clinic

4600 Broadway, Suite 2100, Sacramento, CA 95820

Ph. (916) 874-9750

Provides initial health assessment to newly arriving refugees and will assist with locating additional medical services through Medi-cal insurance.

AmeriPlan® is the most affordable (below sliding scale fees) discount medical services available to citizens and **Non-citizens!**

Contact: Jennifer Simpson

Ph. 888-858-6428 or (916) 899-5046

Click [HERE](#) for a Spanish flyer(PDF)

Click [HERE](#) for a English flyer(PDF)

▪ Benefits start at \$19.95 to \$39.95 per month for the **ENTIRE** household.

Dental, Vision, Primary Care, Chiropractic, Physical Therapy, Mental Services, Prescription Drugs, Diabetic Supplies, Labs and Imaging, Hearing, and a 24-hour Advice Nurse Line.

Non-US citizens can access benefits and providers.

§ **Pre-Existing** conditions are accepted.

§ **No** Qualifying. **No** waiting periods. **No** annual plan limits. **No** Age limits.

§ **No** Co-pays. **No** Deductibles. **No** limits on the number of visits or services.

▪ Over 500,000 healthcare Network providers, Hospital Advocacy, and Specialist referrals (Nationwide).

▪ Ability to choose or change providers at any time.

• Three ways to look-up Providers:

○ Printed Provider Directory

○ Online Provider Directory

○ Toll-Free Number Customer Service

The Effort Medical Health Services

1820 J Street, Sacramento, Ca.

Ph. (916) 325-5556

General health care services for adults and children.

M - F 5:00p.m. - 8:30p.m. Will accept Medi-cal, Medicare, Blue cross and sliding scale of 30.00 minimum fee.

Medi-Cal Information

To apply for Medi-Cal call: Ph. (916) 734-1600

Ph. (916) 874-2215 24hrs.

Provides information for the Sacramento County Department of Human Assistance for a Medi-Cal insurance application through their office.

Department of Health Care Services Medi-Cal

Ph. 1(800)541-5555

This is the main website and medical assistance phone number for Local and State Medi-cal insurance information including medical programs, medical services & how to Contact Medi-Cal.

Medi-Cal Eligibility

Ph. (916) 552-9200

Mailing Address: P.O. Box 997417, MS 4607, Sacramento CA. 95899-7417

Offers information on medi-cal insurance eligibility.

Emergency Room Hotlines

Kaiser Emergency Room:
(916) 973-6600
6600 Bruceville Road
Sacramento, California 95823
Ph. (916) 688-2000
Kaiser Medical Center
2025 Morse Ave.
Sacramento, CA 95825
Ph. (916) 973-5000-24 Hours

Mercy San Juan Emergency
Room: (916) 537-5120
4001 J Street
Sacramento, California
95819
Ph. (916) 453-4545

Methodist Emergency
Room: (916) 423-6020
7500 Hospital Drive
Sacramento, California
95823
Ph. (916) 423-3000

Sutter General Emergency
Room: Ph. (916) 733-8900
2801 L Street
Sacramento, California
95816
Ph. (916) 454-2222

Sutter Memorial Emergency
Room: Ph (916) 733-1000
5151 F Street
Sacramento, California 95819
Ph. (916) 454-3333

UCD Medical Center Emergency Room: Ph. (916) 734-2455
2315 Stockton Boulevard
Sacramento, California 95817
Ph. (916) 734-2001

Sutter General Hospital

2801 L Street, Sacramento, CA 95816
Ph. (916) 454-2222-24 Hours.or 454-6695

Provides emergency medical treatment including long term care services and accepts Medical/Medicare and private health insurance. Listed below are the individual departments.

<p>Sutter Dialysis Center 1201 Alhambra Blvd., Suite 50 Sacramento, CA 95816 Ph. (916) 731-7755</p>	<p>Sutter Diabetes Care Center- Women and Children services 5151 F Street, Building E Sacramento, CA 95819</p>	<p>Sutter Children's Outpatient 5271 F Street, Building C Sacramento, CA 95819 Ph. (916)733-1025 or 1-888-221-1025 Ph. (916) 733-7000 or 1-800-731-1831-Toll Free.</p>	<p>Sutter Counseling Center 855 Howe Avenue, Suite 1 Sacramento, CA 95825 Ph. (916) 929-0808</p>
<p>Sutter Davis Hospital 2000 Sutter Place Davis, CA 95616 Ph. 1-800-745-0227</p>	<p>Sutter Center for Psychiatry 7700 Folsom Blvd. Sacramento, CA 95826 Ph. (916) 386-3077-Crisis Line (916) 386-3000-Office !-800-801-3077-Toll free.</p>	<p>Mothers' Outlet-Sutter Memorial Hospital 5151 F Street Sacramento, CA 95819 Ph. (916) 733-7080 Support group for mothers of newborns up to one year.</p>	

Sacramento Community Clinic Consortium

4826 J Street, Sacramento, CA 95819
Ph. (916) 649-0653

Provides a consortium of Sacramento community clinics. Offers valuable information and assistance in locating medical services according to the type of health insurance that you have. The title links to their find a clinic and resource page or call (916) 447-7222 during business hours for assistance.

IMPACT Program

P.O.Box 957180, Los Angeles, CA 90095
Ph. 1-800-409-8252

Provides **FREE** prostate cancer treatment and support to California men with little or no health insurance.

Medi-Cal Fraud

Ph. 1(800)822-6222
More Medical Resources.

Medi-Cal Pharmacy

Mailing Address:

P.O. Box 997417, MS 4604, Sacramento, CA 95899-7417

Physical Address:

1501 Capitol Avenue, MS 4604, Sacramento, CA 95814

Medi-Cal Managed Care

Ph. (916) 449-5000

Mailing Address:

P.O. Box 997413, MS 4400, Sacramento, CA 95899-7413

Physical Address:

1501 Capitol Ave., MS 4400, Sacramento, CA 95814

Clinic Service

7001-A East Parkway, Suite 500, Sacramento, CA 95823

Ph. (916) 875-6366

This is the "administrative" agency that provides services to primary care and public health clinics only.

Cover The Kids

Call (916) 808-3838 Toll-free 1-866-850-4321

You can also download our general flyers and forms and follow the instructions provided:

English Forms: "Cover the Kids (CTK), Sacramento's Children Health Initiative believe ALL children deserve access to affordable comprehensive coverage."

- **Medi-Cal**
- **Healthy Families**
- **Kaiser Permanente's Child Health Plan**
- **Healthy Kids (Now available in Sacramento County)**
- **Access for Infants and Mothers (AIM) Program**

Citizenship is not required for some programs.