

SACRAMENTO DRUG REHABILITATION programs and centers. Resource list for residential drug and alcohol treatment, substance abuse, AA, NA, CA meetings, Drug treatment for men, women, teens, adolescents, pregnant women.



Helping Individuals and Families  
Achieve Self Sufficiency

### **LaFamilia Counseling Center**

2111 28th Street, Sacramento, CA. 95820, Ph. (916) 452-3601

Spanish/English counseling available for youth ages 7-21 and families for problems including drugs and alcohol abuse, child abuse and teenage pregnancy.

### **Alcohol & Drug Prevention Treatment & Outreach (A.O.D.)**

4875 Broadway, Rm. 129, Sacramento, CA. 95820

Ph. (916) 874-9754 Hours: M-F 8:00-5:00pm

The Sacramento County Department of Health and Human Services listing for Alcohol & Drug Detoxification, Alcohol & Drug Use in Pregnancy, Education, Prevention & Residential Recovery Programs that may be paid for by County of Sacramento. You must go to the AOD during business hours and you will be seen on a first come first served basis.

### **Clean & Sober Program**

1321 North C Street, Sacramento, CA. 95811

Ph. (916) 498-0331 M-F 9:00-3:00pm

Alcohol & Drug residential recovery program.

AA & NA meetings daily in Sacramento including residential drug rehabilitation and alcohol program.

Provide homeless and disadvantaged men and women the opportunity to attempt and achieve sobriety.

- **No one** is turned away because he or she lacks financial resources. Clean & Sober provides a monthly subsidy for those who can provide only part (or none) of the program's costs.

- Residents in Clean & Sober communities can stay up to a year and then transfer to a transitional apartment for up to two years.

The program is effective because our residents can surround themselves with twelve step leaders and live and work with others committed to sobriety-for as long as it takes.

### **The Effort**

1820 J Street, Sacramento, CA. 95811

Ph. (916) 325-5556 M - F 9 - 7p.m.

"Our services are provided across different levels of care (detoxifying services, residential, outpatient, medical clinic), and we provide full service treatment, including medical support through our primary care clinic and co-occurring disorders treatment for those clients with co-existing mental health issues."

### **The Effort Residential Treatment Services**

The Effort Residential Addiction Treatment

Ph. (916) 921-6598

"...a 40-bed coed program of 27 men and 13 women. The program accommodates a 30-90-day and 6-month treatment plans plus 18 months of aftercare. **No children are treated at the facility, and neither do we treat convicted sex offenders or arsonists.**"

- 12-week drug education • Process groups • Counseling for Prop 36 clientele • Individual counseling • Parenting classes
- Urinalysis • Evaluations - Interventions • Youth counseling at juvenile centers.

Below are residential drug/alcohol treatment centers for *Latino's, Native American, African American, and Asian Pacific.*

### **Mi Casa Recovery Home**

4241 Florin Rd., Suite 110 Sacramento, CA. 95823

Ph. (916) 394-2328 or (916) 394-2320

"**MAAP, Inc.** offers both three-month and six-month outpatient treatment programs to adults in need of outpatient drug and alcohol counseling. Our outpatient programs provide short and long-term counseling services on a sliding fee scale or adults, families, and children. Our trained staff has particular expertise in counseling persons with coexisting mental health and substance abuse disorders." **\*\*MAAP, Inc.** also offers a drug and alcohol outpatient program for youth from 12 to 20 years old. We offer these services at our South Sacramento and North Highlands centers. The program is from 3 to 6 months, and has a family counseling component. In most cases, the cost will be covered by Drug Medi - Cal, Sacramento County, or the federal voucher system. If necessary, we can arrange for a sliding fee based on income levels."

### **Native TANF Program**

3831 North Freeway Blvd, Suite 100, Sacramento, CA 95834

Ph. (916) 920-3150 or 1(888) 988-8263-Toll free.

Offers welfare and subsidy related assistance including residential substance abuse treatment resources and referrals for Native American's seeking to recover from chemical dependency.

### **Sacramento Black Alcoholism Center**

3307 Broadway, Suite 200, Sacramento, CA. 95817

Ph. (916) 454-4242 M - F 8:30-5:50pm

**(Non-residential)**

Alcohol treatment program and drug abuse rehab treatment for adolescents and adults on an out-patient basis in an environment sensitive to minority and cultural needs. Sliding scale/Medi-cal.

### **Asian-Pacific Community Counseling Center**

5330 Power Inn Road, Suite A, Sacramento, CA. 95820

Ph. (916) 383-6783

Bilingual Asian counseling, referral and educational services including Sacramento drug and alcohol resources. **No fee.**

**Below are drug/alcohol treatment programs for adolescents and youth.**

### **People Reaching Out**

5299 Auburn Blvd., Sacramento, CA. 95841

Ph. (916) 576-3300 Hours: Monday to Friday, 8:30 a.m. to 5:00 p.m.

Provides services in **Youth** Programs, Middle and High school students, drug & alcohol, Intervention Services, Community Outreach. **All services free.**

### **Omni Youth Programs**

2150 Butano Drive, Sacramento, CA 95825

Ph. (916) 482-7702

Offers drug prevention services to high risk **youth** and their parents/caregivers free of charge.

### **Lamercie Youth and Adult services**

2251 Florin Road, Suite 35, Sacramento, CA 95823

Ph. (916) 665-2828

Provides individual treatment and counseling, outpatient, residential and transitional living services to **youth 13-17** age group under court jurisdiction with chemical dependency behavior. No waiting list

### **New Helvetia Service Center**

776 Revere Street, Suite F, Sacramento, CA 95818

Ph. (916) 874-9140

Provides alcohol and drug assessment, treatment education, and prevention for adults and **adolescents**. No fees if you are receiving County Aid or Medi-cal.

### **Young Peoples Meetings**

This link will take you to a website where there is a list of times and geographical locations for **youth** orientated meetings.

**Below are residential drug/alcohol programs for women and pregnant women.**

### **Gateway Recovery-House for Women**

4049 Miller Way, Sacramento, CA. 95817

Ph. (916) 451-9312 M-F 9:00-5:00pm

Drug and alcohol treatment residential rehabilitation program for substance-abusing **women**. Services include AA meetings, Family recovery, rehab and many more recoveries based resources. Office hours: Monday to Friday, 9:00 a.m. to 5:00 p.m.

### **Options for Recovery**

4875 Broadway, Suite 129, Sacramento, CA 95820

Ph. (916) 875-2050

Assists Women who are **pregnant or parenting children** to enter substance abuse residential and outpatient treatment programs offering 24 hour recovery, individual and group counseling, "self-help" and 12 step support groups. Will accept men by referral. Must be referred by Sacramento county.

### **Bridges - Professional Treatment Services, Inc.-Drug/Alcohol/Sober Living**

1422 28th Street, Suite A, Sacramento, CA 95816

Ph. (916) 450-0700 Hours: M-F 9:00-5:00

**Promise House-Bridges**

Ph. (916) 450-0703

Provides a 90 day subsidized residential drug and alcohol treatment program for **women**. Waiting list.

Below are residential drug/alcohol treatment programs for men.

### River City Recovery Center

500 22nd St, Sacramento, CA. 95816

Ph. (916) 442-3979

**Men's** South Campus. Sacramento residential drug rehabilitation and alcohol treatment recovery program.

You must call for payment options.

### Sacramento Recovery House

1914 22nd St, Sacramento, CA. 95816

Ph. (916) 455-6258 M-F 7:00-3:00pm(office) 24hr message.

Residential drug and alcohol treatment program for **men only** in the early stages of recovery from alcohol and or drug abuse."

Fees can be paid by west Care, County Aid, Cal works, Kaiser, Private insurance, no Med-ical.

Below are schedules for local AA, NA, Al-Anon, Alateen, and Cocain Anonymous.

### Central California Fellowship of Alcoholics Anonymous

9960 Business park drive. Suite 110, Sacramento, CA. 95827

HOT LINE: (916) 454-1100 Business Ph. (916) 454-1771

"Click for a [directory for AA meetings schedule and AA meeting locations](#) of the greater Sacramento area community of Alcoholics Anonymous."

### Narcotics Anonymous

3924 14th Avenue, Sacramento, CA. 95820

NA Help line 1(800) 600-HOPE or (866) 565-2135 Local

Ph. (916) 732-2299 (24 hrs)

This link and organization will provide an online schedule of *NA meetings* in the Sacramento area.

Specialty service meetings such as for men or women and some meetings which provide childcare are also available.

### Al-Anon & Alateen

Ph. 1-800-4AL-ANON

"Alateen meetings are a fellowship of young Al-Anon members, usually teenagers, whose lives have been affected by someone else's drinking."

### Al-Anon Information Service Districts

5429 Palm Ave., Suite A Sacramento, CA. 95814

Ph. (916) 334-2970 or (916) 334-2971

This service will assist you in finding a Sacramento *Al-Anon meeting*

### Cocaine Anonymous

Sacramento, CA. 95814

Ph. (916) 386-3545 (Hotline)

This link and organization provides a updated listing of *Cocaine Anonymous meetings* within Sacramento county.

Below are drug/alcohol treatment programs and resources that provide specialized and/or individualized treatment.

### A Path to Recovery

Please take the next step by calling Ricki at 916-539-4535 for a free phone consultation.\*\*I will travel to you if this is necessary, some of the first steps can be through emailing and conference calls.

#### A Path to Recovery

**Step One—The Assessment** - Family History is taken - Educate about the process and steps to follow - Learn what is next for the family to recover - Choose those invited

**Step Two—The Intervention** - Discuss how addiction affects everyone - What has to change - Treatment options - Discuss after care options - Schedule the next Sessions

**Step Three—Sessions to Follow** - How is the progress - Support for the family - Following the client through treatment - Steps after treatment

#### A Path to Recovery

BEYOND TRAUMA (Workshops for Women) 18yrs of age and up

VOICES (Workshops for Girls) 12yrs to 18yrs.

A WOMAN'S WAY THROUGH THE TWELVES STEPS

### N.E.E.D.S.

4090 Truxel Road, Suite 109, Sacramento, CA 95835

Ph. (916) 349-4245-Office 24 Hours or 1(888) 263-6869-Toll free.

All fees are sliding scale and accepts CARE vouchers. Provides many drug/alcohol treatment services including

Chemical Dependency Education-Relapse Prevents-12-Step Education-Anger Management-Life Management, and more.

## California Department of Alcohol and Drug Programs

<http://www.adp.ca.gov/>

1700 K Street, Sacramento, CA 95814

**(800) 879-2772**

(toll-free) Answered by ADP staff 8:00 a.m. – 4:30 p.m. and answered by voice mail after-hours.

Available 24-hours a day.

**(800) 662-4357**

(toll-free)

Available 24-hours a day from telephone numbers within California.

Answered by ADP staff 8:00 a.m. – 4:30 p.m. and answered by the U.S. Department of Health and Human Services staff after-hours.

**(916) 327-3728**

Available 24-hours a day.- RESOURCE CENTER  
Answered by ADP staff 8:00 a.m. – 4:30 p.m. and answered by voice mail after-hours.

The link above to the homepage website of the State of California provides detailed listings of all programs and activities related to addictions. Here is a link to all Sacramento and surrounding county drug and alcohol programs that are listed by the State, if you are using the print version, then please call the above phone numbers for assistance. "[Treatment Works On the Web](#)"

## Safety Center Incorporated

3909 Bradshaw Road, Sacramento, CA 95827

Ph. (916)3667233-Office 1(800) 825-7262-Toll free.

Provides education and services for DUI, Rapid Eye-Check program, Counselor training and more.

## DRUG-REHABS.ORG

Hotline 1(877) 437-8422 & 1(866) 395-1680

"Drug Rehabs .org is part of a not-for-profit social betterment organization.

**Services are provided at no cost.**

We are here to assist you in finding a drug rehab for your specific alcohol or drug addiction problem. There are many different types of drug rehab centers, drug rehabilitation, and substance abuse treatment programs (i.e.Out-patient, In-patient, Residential treatment, Long term treatment, Counseling, Meetings, etc...) Drug Rehabs .org will largely inform you of all the different options. **Our case workers are available 24 hours a day, 7 days a week."**

## Charter Hospital

101 Cirby Way, Roseville, CA. 95678

Drug rehab and alcohol treatment program for youth 12 years and older for adults. Dual counseling program for chemical dependency and emotional programs. Private insurance accepted, Medi-Cal-Medicare.

## New Directions Counseling Associates

7996 Old Winding Way, Suite 300 Fair Oaks, CA. 95628

Ph. (916) 966-4523

### Program Service Information

"Counseling services are provided between the hours of 12 p.m. and 6 p.m Monday through Friday. The Parent Education Program is offered every few weeks on a Saturday from 9 a.m. to 1 p.m."

## National Council on Alcoholism and Drug Dependence, Inc.

2316 Bell Executive Lane, Sacramento, CA 95825

Ph. (916) 922-9217 M-F 9:00-6:00pm

Offers a variety of drug and alcohol treatment services and referrals to men, women and families.

## Associated Family Therapy for Effective Recovery

5777 Madison Avenue, Suite 240Sacramento, CA. 95841

Ph. (916) 344-0249

Provides mental health with substance abuse services. A **sliding scale fee** based on income. Moreover, has **special language services in ASL** or other assistance for hearing impaired, **Spanish**.

## Sierra Vista Hospital

8001 Bruceville Road, Sacramento, CA 95823

Ph. (916) 288-0300 or (916) 423-2000

Call our assessment and referral department at (916) 288-0300.

Provides a free assessment and referral services by phone and in person. Assessment and referral is a free community service offered to anyone regardless of insurance coverage or whether treatment ultimately is received at Sierra Vista Hospital or elsewhere. Detox service is 5 - 7 days for 18 and over. Interpreter services are available. Fees are paid privately or through Medicare.

## BHC Heritage Oaks

4250 Auburn Blvd, Sacramento, CA. 95841

Ph. (916) 489-3336

Drug and alcohol residential treatment program for adults and youth 12 years and older. Dual counseling program for chemical dependency and emotional problems. Private insurance accepted.