

SACRAMENTO OUTPATIENT DRUG and ALCOHOL programs. Outpatient treatment centers for substance abuse, treatment for men, women, teens, and families.



Helping Individuals and Families  
Achieve Self Sufficiency

### **Alcohol and Drug Prevention Treatment & Outreach**

4875 Broadway, Rm 129, Sacramento, CA 95820

Ph. (916) 874-9754 Hours: M-F 8:00-5:00pm

The Sacramento County DHHS listing for Drug and Alcohol programs that may be paid for by the County of Sacramento.

### **Del Paso Heights Neighborhood Service Center**

3970 Research Drive, Sacramento, CA 95838

Ph. (916) 648-0305

Drug and alcohol services including assessment, outpatient treatment, and group counseling, stress management, relapse prevention, anger education(for teenagers). No fees for most services and accepts cal-works.

### **Lamercie Youth and Adult services**

2251 Florin Road, Suite 108, Sacramento, CA 95823

Ph. (916) 665-2828

Provides individual and group outpatient treatment for **Youth and Adults**.

- Will accept **Medi-cal** and other county aid payments.
- **No** appointment necessary, you can walk-in for an intake.
- **No** waiting list, openings available today!!!

### **Clean & Sober Program**

1321 North C Street, Sacramento, CA. 95811

Ph. (916) 498-0331 M-F 9:00-3:00pm

Alcohol & Drug Outpatient Counseling and Recovery.

AA & NA meetings daily in Sacramento including residential drug rehabilitation and alcohol program. M-F 8-3p.m.

Provide homeless and disadvantaged men and women the opportunity to attempt and achieve sobriety."

- **No one** is turned away because he or she lacks financial resources. Clean & Sober provides a monthly subsidy for those who can provide only part (or none) of the program's costs.
- Residents in Clean & Sober communities can stay up to a year and then transfer to a transitional apartment for up to two years. The program is effective because our residents can surround themselves with twelve step leaders and live and work with others committed to sobriety for as long as it takes.

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### **Sierra Family Service, Inc.**

424 Vernon Street, Roseville, CA. 95678

Ph. (916) 783-5207 M - F 8:00-5:00pm

Substance abuse counseling for families and individuals; sliding scale.

### **Bridges - Professional Treatment Services, Inc.**-Drug/Alcohol/Sober Living

1422 28th Street, Suite A, Sacramento, CA 95816

Ph. (916) 450-0700 Hours: M-F 9:00-5:00

Provides sliding scale and income based fee outpatient treatment, individual counseling, and referrals for a residential treatment program for women. This program has a waiting list and their treatment program is DHHS court acceptable.

**Drug Diversion Program**

4241 Florin Road, Suite 110, Sacramento, CA 95823

Ph. (916) 394-2320

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3437 Myrtle Avenue, Suite 420

North Highlands, CA 95660

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908 C Street, Suite J

Galt, CA 95632

Serves Sacramento county individuals arrested for misdemeanor drug offenses.

**National Council on Alcoholism & Drug Dependence, Inc.**

650 Howe Ave., Suite 1055, Sacramento, CA. 95825

Ph. (916) 922-9217 (24 hrs)

Hours: Monday to Friday, 8:00 a.m. to 5:00 p.m. (Office)

Substance abuse evaluations; individual and group counseling for alcohol and drug problem families and adolescent children.

Sliding scale (\$20 - \$40 per visit). Some evening groups.

**BHC Heritage Oaks**

4250 Auburn Blvd, Sacramento, CA. 95841

Ph. (916) 489-3336

Drug and alcohol outpatient treatment program for adults and youth 12 years and older. Dual counseling program for chemical dependency and emotional problems. Private insurance accepted.

**Strategies for Change-Outpatient Substance Abuse Treatment**

4330 Auburn Blvd, Sacramento, CA 95841

Ph. (916) 473-5766-Answering Machine (916) 473-5764-North (916) 395-3683-South

Offers outpatient treatment program that includes play care and fees are income-based or county subsidized. This program may be difficult to reach and have a long waiting list, and may not return your phone calls.