

SACRAMENTO MENTAL HEALTH CARE Programs. Resource list for Mental health care counseling, services, programs, treatment, shelters, housing, free mental health counseling, emergency mental health clinic and interventions, mental health supportive services and much more.

Go to www.OneFathersLove.com to view the online resource center.



Helping Individuals and Families
Achieve Self Sufficiency

Guest Health Outreach

1400 North C Street, Sacramento CA. 95815,
Ph. (916) 446-3942

Medical screening, health education and medical triage for homeless adults and children.

Halcyon Place

2830 Stockton Blvd., Sacramento, CA.
Ph. (916) 736-6727

"22-bed long-term, independent living, residential program. Program services are focused on residential stability, community re-integration and mental health needs. Program is non-locked and voluntary. Program expertise is working with individuals with long-term psychotic conditions."

Genesis

1400 North C Street, Sacramento Ca. 95814,
Ph. (916) 699-1536

A mental health program for homeless adults next to Friendship Park gate on North C at 12th St. Hours: M-F 8 - 3p.m..

Psychiatric Emergency

2150 Stockton Blvd., Sacramento CA. 95814, Ph. (916) 732-3637

"Calls are taken 24 hours a day. During weekends, holidays or after the hours of the community treatment sites, calls to the Crisis Center at 732-3637 will reach someone knowledgeable of local crisis intervention resources."

NAMI Sacramento

3331 Power Inn Rd., Suite 140, Sacramento CA. 95826
Ph. (916) 874-9416

Crisis Information Meetings at 7:00p.m..NAMI Sacramento provides support for individuals coping with mental illness and their families. We offer crisis help, support groups, NAMI educational courses, and an extensive list of resources.

SPROS.org

Offers the most effective directory of Mental Health services for Sacramento County. Provides resources for *Child Mental health, AOD crisis and treatment facilities, Board and Care (B/C) and Room and Board (R/B), Patient rights and Advocacy with Legal services, Psychiatry,* and many other Sacramento Mental Health resources. *Do you or someone you know need mental health services? Please call Adult Access Team: (916) 875-1055 TTY/TDD: (916) 874-8070 Children's Access Team: (916) 875-9980 TTY/TDD: (916) 876-8892*

EMERGENCY MENTAL HEALTH SERVICES 24 HOURS Call 875-1000/CA Rely Service: 711, or (916) 732 3637 or go directly to the Sacramento County Mental Health Treatment Center 2150 Stockton Blvd, Sacramento, CA 95817

How to achieve Children's Mental Health Services

For information and referral services for all Child and Family Integrated System of Care Services contact:

Child and Family Access Team

(888) 881-4881—Toll Free

(916) 875-9980

(916) 875-9970—Fax

3331 Power Inn Road, Suite 170, Sacramento, CA 95826

"The Child and Family Access Team is the **entry point** for all county operated and contracted child and family planned mental health services." If you want to make a **self-referral** to the Child and Family Institute or the CAARE Diagnostic Center for participation in their parenting classes then, you can call ACCESS and describe your situation to them. You do *not* have to have a case worker to be eligible for ACCESS services.

Consumer Self Help**South Center**

3031 Franklin Blvd, Sacramento, CA. 95818

Ph. (916)737-7100

M - F 8 - 4p.m. Sat. 9 - 3p.m.

North Center

4972 Date Ave, Sacramento, CA.95842

Ph. (916)348-1428

M - F 8 - 4P.M. Sat. 9 - 3p.m.

"The mission of Consumers Self Help is to develop and implement Consumer driven programs and services based on the self help philosophy to empower individuals with psychiatric disabilities."

Minor Emergency Response Team (M.E.R.T.)

Ph. (916) 875-1113 or (916) 875-1114

Homeless Intervention Program (H.I.P.)

601 W. North Market Blvd., Suite 350, Sacramento, CA.

Ph. (916) 922-2771

"Integrated and comprehensive mental health services for 150 consumers. Services include a multi-disciplinary staff with 24/7 crisis response and programming seven days per week, including evening. Recovery and rehabilitation focused services include housing assistance, employment training and access to medical care."

TLCS/SHEP Intake Office

1400 North A Street, Building #A, Sacramento, CA. 95814

Ph. (916) 440-1500 x2

Walk-in Mental health support services. Hours: M - F 8- 11a.m..

TLCS - Palmer Apartments

Ph. (916) 440-1500 x 2

"48 bed, 12-month, transitional residential treatment for homeless adults. Specialty focus with co-occurring disorders of substance abuse and mental illness. See Outreach – contact SHEP program for access more information 440-1500x 2."

River City Community Homeless Program (R.C.C.H.P.)

9261 Folsom Blvd., Suite 300, Sacramento, CA. 95826

Ph. (916) 854-4552

Integrated and comprehensive mental health services for 150 consumers. Services include a multi-disciplinary staff with 24/7 crisis response and programming seven days per week, including evening. Recovery and rehabilitation focused services include housing assistance, employment training and access to medical care.

Sacramento County Mental Health Treatment Center

2150 Stockton Blvd., Sacramento, CA.

Ph. (916) 871-1000 or (916) 688-2000

Adult Access Team

Ph. (916) 875-1055 or (888) 881-4881 or Adult TTY/TDD (916) 874-8070

Children's Access Tea

Ph. (916) 875-9980 - Child TTY (916) 876-8892

Project Outreach

Ph. (916) 440-1500 x 138

Performs outreach for homeless persons who have an immediate and rapid response. The agencies, Sacramento City Police Department, Transitional Living & Community Support, Volunteers of America, Veterans Resource Center, provide street outreach services to homeless mentally ill adults in the city and county of Sacramento.

County Mental Health Information Line

Ph. (916) 875-1055