

FREE/Subsidized Child care and Day care Services in Sacramento. Subsidized Child care Day care Services Centers Programs and Classes, Home based Assistance Pre schools Providers, Infant Child care Options.

Go to: www.onefatherslove.com to view the online resource center.



Helping Individuals and Families
Achieve Self Sufficiency

BeanStalk Childcare Programs

Ph. (916) 344-6259 x 2

3325 Myrtle Ave. North Highlands, CA. 9566,

Sacramento fully subsidized and sliding scale fee child care and daycare classes, including daycare pre-school.

Part day/Full day Sacramento child care programs. Offers state child care and pre-school for income eligible families.

Y. M. C. A.

3127 Eastern Ave., Sacramento, CA. 95821, Ph. (916) 483-6426 x 0

Child care classes and programs. Financial assistance and low income daycare prices for local child care on sliding scale. Children K-6th grade. Before & after school child care.

Child Development Incorporated

650 Bercut Drive, Suite E, , Sacramento, CA. 95814,

Ph. (916) 557-4401

Provides subsidized/free childcare programs for families. Also, Cal Works subsidies, support for Stage 2 and 3 families.

Sacramento Crisis Nurseries

Hourly and Overnight childcare.

North - Ph. (916) 679-3600 - **South** - Ph. (916) 394-2000

The Crisis Nursery may provide you with child care for your AOD, respite, work or other need.

No referral/case worker is required and in some case will provide transportation.

Head Start

925 Del Paso Blvd. #200, Sacramento CA 95815

Ph. (916) 263-3804

Sacramento parents with children age 0- 5. Sacramento county residents who are income eligible may apply directly to any Head Start subsidized/free pre-school which is within your county. Head Start provides half day pre-school enrollments along with full day enrollments that may have a waiting list. If you need full day services, please call Child Action.

The 4th "R" Child Care Program

5735 47th Avenue., Sacramento, CA 95824

Ph. (916) 808-6021 or 808-7205

There are several 4th R [locations](#) throughout Sacramento, most are within elementary schools. Your child does not have to attend the elementary school where the 4th R is located. Fees are subsidized or sliding scale depending upon your income. Click the title and use the Child Action CEL application below to begin your application for fully subsidized childcare.

Child Action

9961 Horn Rd., Sacramento, CA.

Ph. (916) 369-0191

Includes referrals to home day care businesses. Child care assistance for low-income families in Sacramento County who need child care in order to work, attend school or participate in job training programs. To begin the application process you may call~ 369-0191 and a representative will help you fill out an application over the phone. Additional resource and referral assistance may be available. If you are employed, in school or on cash aid such as CalWorks then you may receive priority services.

Twin Rivers School District- Child Development Center

*Ben Ali Children's Center
5115 Dudley Blvd. Bay C, Sacramento, CA 95652
Ph. (916) 566-1600 x1248
Offers subsidized childcare services to families within the TRSD.

Oak Park pre-school, Inc

3500 2nd Ave., Sacramento, CA 95817-2816
Ph. (916) 451-9498
Provides a preschool program to low-income Oak Park families with children 3-4years 9 months age group.

Folsom Cordova Unified School District

10844 Gadsten Way, Rancho Cordova, CA 95670
Ph. (916) 635-2737 x144
Offers after school programs at 17 different location within the FCUSD. Fees are subsidized or sliding scale and you must be on the Child Action CEL list.

San Juan Childhood Education

Discovery Club-Subsidized
5309 Kenneth Ave., Sacramento, CA. 95608
Ph. (916) 971-7375
Has numerous options for various types of after school and childcare assistance to children age group infant and older. Fees are sliding scale for families who qualify

California Indian Manpower Consortium, Inc.

738 North Market Boulevard, Sacramento, CA. 95834
Ph. (916) 564-2892
1-800-640-2462 (Toll Free) 1-800-748-5259(TTY)
"Provides payment for Sacramento child care services for **Indian** children from participating tribes in the county in which their reservation/rancheria is located..."

CalWORKs Child Care Program

Go to the Sacramento County website link for a detailed list of subsidized childcare eligibility requirements. Speak with your CalWORKS social worker for eligibility. You may also contact Child Action at (916) 369-0191 and inform the intake worker that you need "CaWORKS stage one or two childcare".

Cal-Learn

2433 Marconi Avenue, Sacramento, Ca 95821-4087
Ph. (916) 875-3601
"The **Cal-Learn Program**, a program for Sacramento pregnant or parenting teens under the age of 19 on welfare, is a statewide, mandatory program designed to help them graduate from high school and become self-sufficient."


Swapping Parents

Email: admin@swappingparents.com
Once you've built a relationship with another family, you could swap your free-time with them so that you can have reliable, free child care so you can take a night off!


Florin Worship Center

8144 Florin Road, Sacramento, CA 95828
Ph. (916) 379-9512 Daycare: (916) 379-9510
May provide daycare and an afterschool program and fees are based upon income.

Parents

- Finding Child Care in Your Area
 - Choosing the Best Child Care for Your Child -
 - Paying for Child Care - Child Care Licensing Laws and Regulations -
-  Recursos En Español/Resources in Spanish

Researchers

- Clearinghouse for Child Care Research
 - Research Publications - Funding for Child Care Related Research - Starting and Operating a Child Care Business
- Finding Money to Run Your Child Care Business -
- Providing Care for Children with Special Needs -
- Staff Training and Professional Development -
-  Recursos En Español/Resources in Spanish