

DRUG and ALCOHOL DETOX programs and treatment in Sacramento, CA. Resource list for detox center locations, drug detox, alcohol detox, clean and sober programs, residential detox, detox clinics, and subsidized detox programs.



Helping Individuals and Families
Achieve Self Sufficiency

Clean and Sober Detox

8946 Madison Avenue, Fair Oaks, CA 95628

Ph. (916) 965-3386-Office 24 hours.

Alcohol & Drug detox for men and women. Fees are paid by County, Veterans Affairs, Cal-works, DDC, Sierra County, Private insurance, no payment options. Offers a 5 to 15 day detoxification program.

The Effort-Detoxification Services

7586 Stockton Blvd, Sacramento, CA 95823

Ph. (916) 405-4600-Detox or (916) 691-3417

Ph. (916) 325-5556-General info. Midtown

Provides a residential seven to fourteen day detox program to assist in the withdrawal from alcohol & other drugs.

Alcohol & Drug Prevention Treatment & Outreach (A.O.D.)

4875 Broadway, Rm. 129, Sacramento, CA. 95820

Ph. (916) 874-9754 Hours: M-F 8:00-5:00pm

The Sacramento County Department of Health and Human Services listing for Alcohol & Drug Detoxification, Alcohol & Drug Use in Pregnancy, Education, Prevention & Residential Recovery Programs that may be paid for by County of Sacramento.

AOD provides referrals to Drug and Alcohol treatment programs for Sacramento residents who are without income or may be receiving County Aid. You must go to the AOD during business hours and you will be seen on a first come first served basis.

Pathways Detox

Ph. (916) 735- 8377

Email: info@pathwaysdetox.com

Provides detox services to adult men and women. Clients are assessed according to their specific Detox needs. While not medically supervised, your Detox process will be aided by doctor prescribed Detox medication. Pathways are a structured 12-step, non-medical, social model alcohol and drug abuse detoxification program. These objectives include: individual case management, admission assessment, referral plan development, recovery support, substance abuse education, relapse prevention, discharge planning, and client follow-up. Payments accepted by credit card, check or cash.

*We are staffed with certified counselors 24 hours a day and 7 days per week.

*Pathways Detox is the only fully accessible facility in Sacramento County.

Bi-Valley Medical Clinic, Inc.

Carmichael Clinic [MAP]

6127 Fair Oaks Blvd.

Carmichael, CA 95608

(916) 974-8090 Fax 974-7851

Sacramento Clinic [MAP]

310 Harris Ave. Suite A

Sacramento, CA 95838

(916) 649-6793 Fax 929-7411

Provides a comprehensive array of addiction treatment services in addition to a methadone maintenance treatment program and 21-day medically supervised withdrawal programs. Detox program includes non-medical detox, alcohol, prescription drugs and most other chemical dependency detox services.

MedMark Treatment Centers

[Sacramento, CA](#) - [Fairfield, CA](#) - [Stockton, CA](#)

Toll Free 1-866-840-6658 - (916) 391-4293

Opioid Maintenance Therapy Admission Criteria

Must be 18 years of age (if under 18, must have had two documented treatment attempts and parental/guardian consent for treatment)- AND must meet a minimum of one of the following - The patient must be addicted to an opioid for a minimum of one year, OR Pregnant and currently addicted to an opioid, OR Out of jail under six months and was addicted to an opioid and met the criteria for admission to an outpatient methadone program (whether or not he/she is presently addicted) before going to jail, OR There must be demonstrable evidence of opioid dependence, other than listed above. Fees for 21 day detox are a flat and Sliding scale fees are provided for 180 day treatment services.

D & A Detox

Sacramento, CA

Ph. (916) 364-7660-24/7

Traditionally, detox lasts from 5 to 10 days. We provide a non-medical detox but we do allow medications prescribed by a physician to be taken to ease the process. The detox program accommodates both men and women 18 and over. We can provide detox for Methamphetamine, Cocaine, Crack, Alcohol, Heroin, Pills, Oxycontin, and Methadone. Fees are paid privately or through employer insurance, and VA benefits.

Sierra Vista Hospital

8001 Bruceville Road, Sacramento, CA 95823

Ph. (916) 288-0300 or (916) 423-2000

Call our assessment and referral department at (916) 288-0300.

Provides a free assessment and referral services by phone and in person. Assessment and referral is a free community service offered to anyone regardless of insurance coverage or whether treatment ultimately is received at Sierra Vista Hospital or elsewhere. Detox service is 5 - 7 days for 18 and over. Interpreter services are available. Will NOT assist with Methadone for *heroin*. Also does not use "suboxone" during detox. When you come in you will have the opportunity to see a clinician rather than a doctor. Fees are paid privately or through insurance.

First Step Recovery

670 Oakshire Dr. Ione, CA 95640 (Amador County)

Ph. (209) 274-4345

We are a residential detox for adult males and females. Wheelchair accessible and programs for Native American, hearing, sight, mobility and cognitive impaired. Transportation services available. Accepts private payment.

We have

- Modifications to accommodate physical challenges
- Large Print Materials
- Assistive Listening Devices
- Transfer equipment
- Audio and Visual materials
- Braille materials and books